



# ANDHRA PRADESH POWER LIFTING ASSOCIATION

## 10th ANDHRA PRADESH STATE INTER DISTRICT Sub Junior, Junior & Masters (Men & Women) Equipped Power Lifting & Bench Press Championship - 2023

22ND TO 23RD APRIL 2023 INDOOR STADIUM ANDHRA UNIVERSITY VISAKHAPATNAM

### Masters Men Powerlifting results

#### 59 Kg

Placing	Name of the Participant	District	Squat	Bench press	Deadlift	Total
1	M Srinivasu	Anakapalli	140	80	160	380
2	P Rama Lakshman Dora	Visakha	60	40	100	172.5

#### 66 Kg

Placing	Name of the Participant	District	Squat	Bench press	Deadlift	Total
1	V Siva Shankara Prasad	Konaseema	115	95	145	355
2	Dr R B K Chakravarthy	Visakha	85	65	90	240

#### 74 Kg

Placing	Name of the Participant	District	Squat	Bench press	Deadlift	Total
1	CH Kiran Kumar	Konaseema	140	87.5	150	377.5
2	P Sheshagiri Rao	Visakha	125	75	150	350
3	K Manikyal Rao	Krishna	80	65	110	255

#### 83 Kg

Placing	Name of the Participant	District	Squat	Bench press	Deadlift	Total
1	G Venkateswarulu	Krishna	240	130	250	620
2	P Venkat Ramana	Visakha	110	60	120	290

#### 93 Kg

Placing	Name of the Participant	District	Squat	Bench press	Deadlift	Total
1	Dr Bal Govind Tiwari	Kadapa	255	145	240	640
2	K Veera Bhadra Rao	Visakha	130	30	150	310

#### 105 Kg

Placing	Name of the Participant	District	Squat	Bench press	Deadlift	Total
1	M Venkateswaralu	Krishna	170	75	170	415
2	K Jyothi Babu	Palnadu	100	80	135	315
3	B K Swain	Visakha	100	85	120	305

#### 120 Kg

Placing	Name of the Participant	District	Squat	Bench press	Deadlift	Total
1	B Appanna	Konaseema	120	110	180	410

**Masters Men  
Bench Press Results**

**66 Kg**

Placing	Name of the Participant	District	Bench press	Total
1	V Siva Shankara Prasad	Konaseema	95	95

**83 Kg**

Placing	Name of the Participant	District	Bench press	Total
1	G Venkateswarulu	Krishna	130	130

**93 Kg**

Placing	Name of the Participant	District	Bench press	Total
1	A Y Prasad	Visakha	147.5	147.5

**105 Kg**

Placing	Name of the Participant	District	Bench press	Total
1	A Y Prasad	Visakha	147.5	147.5
2	K Jyothi Babu	Palnadu	80	80
3	Venkateswer rao	Krishna	75	75

**120 Kg**

Placing	Name of the Participant	District	Bench press	Total
1	D Ramu	Visakha	80	80

SAKALA SURYANARAYANA  
GENERAL SECRETARY